





# Your Behavioral Health Specialists Serving Montana

Call today to schedule an intake appointment.



406.952.0712 - Great Falls

406.545.0504 - Billings

406.532.1615 - Missoula and Stevensville

Missoula

100 Consumer Direct Way Suite 160 Missoula, MT 59808

Consumer Direct Care Network Behavioral Health accepts payment from Healthy Montana Kids – Medicaid and CHIP, most private insurance, and private pay. A sliding fee schedule is available for private pay when applicable.

Visit us online to learn more about our Behavioral Health Services

www.ConsumerDirectMT.com





# A Culture of Caring for You

## **Consumer Direct Care Network** provides

services and supports that help people and families of all ages including children, older adults and those with disabilities, remain safe, healthy and independent in their own homes. We value the strength and ability of each person. We believe that by helping manage your own care, we contribute to your health and help build healthier happier communities.

We focus on the possible. Our Montana Care Network provides you a coordinated care group that offers homecare and counseling services. We take the time to find out your needs, what programs you have qualified for and how we can assist you in growing a strong and informed family support group.



# BEHAVIORAL HEALTH SERVICES

Consumer Direct Care Network's behavioral health services support children and families as they acquire new skills. By focusing on strength-based interventions and connecting families with community resources, we follow the family's lead by creating goals that are meaningful to them. We are able to customize our levels of support to meet your unique needs.

# SCHOOL BASED

Comprehensive School and Community Treatment (CSCT) is a school support program that aids students in finding success in their school and home environments. Our therapists design activities that provide a safe practice environment in a school and community setting.

#### Therapeutic Interventions

 Classroom, playground, and mealtime interventions provided through a team-based approach with a mental health clinician and behavioral specialist

#### Increased Communication

• Increased communication with parents/guardians

#### **Skill Building**

• Activities and groups that support skill building

## **CASE MANAGEMENT**

You will find caring case management to help you and your family access needed resources and manage complicated treatment teams.

Our case managers streamline the process of assessment, planning, facilitation, care coordination, evaluation, and advocacy to optimize the outcome.

- Mental health and developmental disabilities case management
- Managing multiple services and referrals

#### **OUTPATIENT THERAPY**

We focus on building skills and finding solutions in a supportive and caring environment.

- Strength-based, family centered approaches
- Flexible appointment times
- Working together to implement strategies that empower growth

# **AUTISM AND DEVELOPMENTAL**

We provide developmental and behavioral assessments, as well as intervention services for children who display developmental differences.

#### **Autism Services**

- Customized family and child-centered intervention plans
- Best practice based approaches that show real results
- Well-trained, board certified staff that use a team-based approach

#### **Developmental Services**

- Autism, developmental, and behavioral assessment
- Medicaid waiver services including children's waiver and children's autism waiver services
- Autism intervention
- Developmental disabilities intervention services
- Case management

# **IN HOME SUPPORT**

In-home support teams include a masters level child and family therapist, a case manager, and a one-on-one support specialist who work directly with children and their families.

- Individualized, family-focused in-home treatment
- Intensive services that focus on keeping kids in their communities
- Strength-based intervention approaches



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